


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Daylight Saving Time Begins 1 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🧩 Puzzles 1:30 🍷 Where in the World Walking Club 2:00 🗣️ Online Church Service 3:00 🎮 Card or Board Games of Choice 6:00 🏠 Dominoes	2 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Bingo 1:30 🍷 Where in the World Walking Club 2:30 🏠 Hangman 3:00 🎮 Music & Memory 6:00 🏠 Card Game of Choice	Election Day 3 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🌟 Fall Wreaths 1:30 🍷 Where in the World Walking Club 2:00 🎮 Birthday Celebration 3:00 🌟 Netflix Documentary 6:00 🎮 Lifespring Cinema	4 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Balloon Tennis 1:30 🍷 Where in the World Walking Club 2:30 🏠 Name 5 3:00 🎮 Music & Memory 6:00 🏠 Puzzles	National Donuts Day! 5 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Bingo 1:30 🍷 Where in the World Walking Club 2:30 🍷 Culinary Creation 3:30 🎮 Mind Joggers 6:00 🏠 Uno	6 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Jeopardy 1:30 🍷 Where in the World Walking Club 2:30 🎮 Popcorn Social 3:00 🎮 Movie Matinee 6:00 🏠 NERF Gun Fun	7 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Old Wives' Tales 1:30 🍷 Where in the World Walking Club 2:30 🏠 Connect 4 3:00 🌟 Color Creation with Music & Memory 6:00 🎮 Lifespring Cinema	
8 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🧩 Puzzles 1:30 🍷 Where in the World Walking Club 2:00 🗣️ TV Church Service 3:00 🎮 Card or Board Games of Choice 6:00 🏠 Dominoes	9 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Bingo 1:30 🍷 Where in the World Walking Club 2:30 🏠 Jenga 3:00 🎮 Music & Memory 6:00 🏠 Card Game of Choice	10 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🌟 Gratitude Leaves 1:30 🍷 Where in the World Walking Club 2:30 🏠 Chicken Foot 3:00 🌟 Netflix Documentary 6:00 🎮 Lifespring Cinema	Veterans Day 11 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Word Scramble 1:30 🍷 Where in the World Walking Club 2:30 🏠 Nerf Guns 3:00 🎮 Music & Memory 6:00 🏠 Puzzles	12 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Bingo 1:30 🍷 Where in the World Walking Club 2:30 🍷 Bakeology 3:30 🎮 Mind Joggers 6:00 🏠 Uno	13 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Kerplunk 1:30 🍷 Where in the World Walking Club 2:00 🗣️ Popcorn Social 3:00 🎮 Movie Matinee 6:00 🏠 LCR	14 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Pass the Pigs 1:30 🍷 Where in the World Walking Club 2:00 🏠 Corn Hole 3:00 🌟 Color Creation with Music & Memory 6:00 🎮 Lifespring Cinema	
15 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🧩 Puzzles 1:30 🍷 Where in the World Walking Club 2:00 🗣️ Online Church Service 3:00 🎮 Card or Board Games of Choice 6:00 🏠 Dominoes	16 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Bingo 1:30 🍷 Where in the World Walking Club 2:30 🏠 Family Feud 3:00 🎮 Music & Memory 6:00 🏠 Card Game of Choice	17 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🌟 DIY Centerpieces 1:30 🍷 Where in the World Walking Club 2:00 🏠 Connect 4 3:00 🌟 Netflix Documentary 6:00 🎮 Lifespring Cinema 6:00 🗣️ Lifespring Family Night	18 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🗣️ Apple Picking 1:30 🍷 Where in the World Walking Club 2:30 🗣️ Town Hall/VL Meeting 3:00 🎮 Music & Memory 6:00 🏠 Puzzles	19 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Bingo 1:30 🍷 Where in the World Walking Club 2:30 🍷 Culinary Creation 3:30 🎮 Mind Joggers 6:00 🏠 Uno	20 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Snappy Dressers 1:30 🍷 Where in the World Walking Club 2:30 🎮 Popcorn Social 3:00 🎮 Movie Matinee 6:00 🏠 NERF Gun Fun	21 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Word Scramble 1:30 🍷 Where in the World Walking Club 2:30 🏠 Giant Bowling 3:00 🌟 Color Creation with Music & Memory 6:00 🎮 Lifespring Cinema	
22 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🧩 Puzzles 1:30 🍷 Where in the World Walking Club 3:00 🎮 Card or Board Games of Choice 4:00 🗣️ TV Church Service 6:00 🏠 Dominoes	23 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Bingo 1:30 🍷 Where in the World Walking Club 2:30 🏠 Trivia 3:00 🎮 Music & Memory 6:00 🏠 Card Game of Choice	24 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🌟 Pilgrims & Indians Prep 1:30 🍷 Where in the World Walking Club 2:30 🏠 Kerplunk 3:00 🌟 Netflix Documentary 6:00 🎮 Lifespring Cinema	25 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Cup Pong 1:30 🍷 Where in the World Walking Club 2:30 🗣️ Table Topics 3:00 🎮 Music & Memory 6:00 🏠 Puzzles	Thanksgiving 26 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Thanksgiving Reminiscing 1:30 🍷 Where in the World Walking Club 2:30 🍷 Bakeology 3:30 🎮 Mind Joggers 6:00 🏠 Uno	27 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Triominos 1:30 🍷 Where in the World Walking Club 2:00 🎮 New Resident Welcome Party 3:00 🎮 Movie Matinee 6:00 🏠 LCR	28 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🏠 Jenga 1:30 🍷 Where in the World Walking Club 2:00 🏠 Hangman 3:00 🌟 Color Creation with Music & Memory 6:00 🎮 Lifespring Cinema	
29 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🧩 Puzzles 1:30 🍷 Where in the World Walking Club 2:00 🗣️ TV Church Service 3:00 🎮 Card or Board Games of Choice 6:00 🏠 Dominoes	30 9:30 🍷 Exercise 10:00 🌟 Devotions 10:30 🎮 Bingo 1:30 🍷 Where in the World Walking Club 2:30 📷 Old Wives' Tales 3:00 🎮 Music & Memory 6:00 🏠 Card Game of Choice	 <p>4371 Lifespring Lane Knoxville, TN 37918</p>					📷 Be Adventurous 🏠 Be Challenged 🗣️ Be Connected 🗣️ Be Family 🌟 Be Inspired 🎮 Be Social 🍷 Be Well