


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>4371 Lifespring Lane Knoxville, TN 37918</p>		<p>9:00 "Where in the World" Walking Club 1</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Word Search</p> <p>1:00 Dominoes</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Birthday Celebration</p> <p>3:00 Netflix Documentary</p> <p>3:30 Bingo</p> <p>6:00 Game Night</p>	<p>8:00 National Coconut Day! 2</p> <p>9:00 "Where in the World" Walking Club</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Crossword Puzzle</p> <p>10:30 Rummikub</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Pina Colada Cart</p> <p>3:30 Wii Games</p> <p>6:00 Uno</p>	<p>9:00 "Where in the World" Walking Club 3</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Hand Spa & Manicures</p> <p>1:00 Bridge Club</p> <p>1:30 Hallway Chair Exercise Class</p> <p>3:00 Courtyard Bingo</p> <p>6:00 Game Night</p>	<p>8:00 National Wildlife Day! 4</p> <p>9:00 "Where in the World" Walking Club</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Sudoku</p> <p>10:30 Tri-Ominos</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Happy Hour Cart</p> <p>6:00 Games of Choice</p>	<p>9:00 "Where in the World" Walking Club 5</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:45 Rummikub</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Hallway Hangman</p> <p>3:00 Scrabble</p> <p>3:30 Wii Bowling</p> <p>6:00 Lifespring Cinema</p>	
	<p>Happy Birthday Phil! 6</p> <p>9:00 "Where in the World" Walking Club</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Puzzle Hour</p> <p>1:30 Hallway Resident Led Chair Exercise</p> <p>2:00 TV Church Service</p> <p>3:00 Activity of Choice</p> <p>3:30 Wii Bowling</p> <p>6:00 Courtyard Sit and Reminisce</p> <p>6:00 Monopoly</p>	<p>Labor Day 7</p> <p>Labor Day</p> <p>9:00 "Where in the World" Walking Club</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Wheel of Fortune</p> <p>10:30 Wheel of Fortune</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:30 Liverpool Rummy</p> <p>3:00 Wii Bowling</p> <p>6:00 Hand & Foot Card Game</p>	<p>9:00 "Where in the World" Walking Club 8</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Word Search</p> <p>1:00 Puzzles & Games</p> <p>1:30 Hallway Chair Exercise Class</p> <p>3:00 Bonus Bingo</p> <p>3:00 Netflix Documentary</p> <p>6:00 Game Night</p>	<p>9:00 "Where in the World" Walking Club 9</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Crossword Puzzle</p> <p>10:30 Rummikub</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:30 Uno</p> <p>3:30 Wii Games</p> <p>6:00 Dominoes</p>	<p>Happy Birthday Bettye Lane!! 10</p> <p>9:00 "Where in the World" Walking Club</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Finish Lines</p> <p>1:00 Bridge Club</p> <p>1:30 Hallway Chair Exercise Class</p> <p>3:00 Courtyard Bingo</p> <p>6:00 Game Night</p>	<p>9:00 "Where in the World" Walking Club 11</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Dominoes</p> <p>10:30 Sudoku</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Patriotic Happy Hour Cart</p> <p>6:00 Games of Choice</p>	<p>9:00 "Where in the World" Walking Club 12</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Sudoku</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Hallway Hangman</p> <p>2:00 Life Knox Church Service</p> <p>3:00 Scrabble</p> <p>6:00 Lifespring Cinema</p>
	<p>9:00 "Where in the World" Walking Club 13</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Puzzle Hour</p> <p>1:30 Hallway Resident Led Chair Exercise</p> <p>2:00 Church Service with Union Baptist</p> <p>2:00 TV Church Service</p> <p>3:00 Activity of Choice</p> <p>6:00 Courtyard Sit and Reminisce</p>	<p>9:00 "Where in the World" Walking Club 14</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Wheel of Fortune</p> <p>10:45 Pass the Pigs</p> <p>1:30 Hallway Chair Exercise Class</p> <p>6:00 Hand & Foot Card Game</p>	<p>9:00 "Where in the World" Walking Club 15</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Word Search</p> <p>1:00 Dominoes</p> <p>1:30 Hallway Chair Exercise Class</p> <p>3:00 Netflix Documentary</p> <p>3:30 Bingo</p> <p>6:00 Game Night</p> <p>6:00 Lifespring Family Night</p>	<p>9:00 "Where in the World" Walking Club 16</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Crossword Puzzle</p> <p>10:30 Rummikub</p> <p>1:30 Hallway Chair Exercise Class</p> <p>3:30 Wii Games</p> <p>6:00 Uno</p>	<p>9:00 "Where in the World" Walking Club 17</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Hand Spa & Manicures</p> <p>1:00 Bridge Club</p> <p>1:30 Hallway Chair Exercise Class</p> <p>3:00 Courtyard Bingo</p> <p>3:00 Resident Council</p> <p>6:00 Game Night</p>	<p>National Guacamole Day! 18</p> <p>9:00 "Where in the World" Walking Club</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Sudoku</p> <p>10:30 Tri-Ominos</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Happy Hour Cart</p> <p>2:00 New Resident Welcome Party/Happy Hour</p> <p>6:00 Games of Choice</p>	<p>9:00 "Where in the World" Walking Club 19</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:45 Rummikub</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Hallway Hangman</p> <p>3:00 Scrabble</p> <p>3:00 Wii Bowling</p> <p>6:00 Lifespring Cinema</p>
	<p>9:00 "Where in the World" Walking Club 20</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Puzzle Hour</p> <p>1:30 Hallway Resident Led Chair Exercise</p> <p>2:00 TV Church Service</p> <p>3:00 Activity of Choice</p> <p>3:30 Wii Bowling</p> <p>6:00 Courtyard Sit and Reminisce</p> <p>6:00 Monopoly</p>	<p>9:00 "Where in the World" Walking Club 21</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:00 Devotions with Mr. Vic Howard</p> <p>10:30 Wheel of Fortune</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:30 Liverpool Rummy</p> <p>3:00 Wii Bowling</p> <p>6:00 Hand & Foot Card Game</p>	<p>9:00 "Where in the World" Walking Club 22</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Word Search</p> <p>1:00 Puzzles & Games</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Food for Thought Meeting</p> <p>3:00 Bonus Bingo</p> <p>3:00 Netflix Documentary</p> <p>6:00 Game Night</p>	<p>8:00 National Milkshake Day! 23</p> <p>9:00 "Where in the World" Walking Club</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Crossword Puzzle</p> <p>10:30 Rummikub</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Milkshake Cart</p> <p>3:30 Wii Games</p> <p>6:00 Dominoes</p>	<p>9:00 "Where in the World" Walking Club 24</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Finish Lines</p> <p>1:00 Bridge Club</p> <p>1:30 Hallway Chair Exercise Class</p> <p>3:00 Courtyard Bingo</p> <p>7:00 Bonfire & S'mores</p>	<p>Happy Birthday Joan & Barbara! 25</p> <p>9:00 "Where in the World" Walking Club</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Dominoes</p> <p>10:30 Sudoku</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Happy Hour Cart</p> <p>2:00 New Resident Welcome Party/Happy Hour</p> <p>6:00 Games of Choice</p>	<p>9:00 "Where in the World" Walking Club 26</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Sudoku</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Hallway Hangman</p> <p>3:00 Scrabble</p> <p>6:00 Lifespring Cinema</p>
	<p>9:00 "Where in the World" Walking Club 27</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Puzzle Hour</p> <p>1:30 Hallway Resident Led Chair Exercise</p> <p>2:00 TV Church Service</p> <p>3:00 Activity of Choice</p> <p>4:00 Church Service with Clapp's Chapel United Methodist</p> <p>6:00 Courtyard Sit and Reminisce</p>	<p>9:00 "Where in the World" Walking Club 28</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:00 Devotions with Mr. Vic Howard</p> <p>10:30 Wheel of Fortune</p> <p>10:45 Pass the Pigs</p> <p>1:30 Hallway Chair Exercise Class</p> <p>6:00 Hand & Foot Card Game</p>	<p>9:00 "Where in the World" Walking Club 29</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Word Search</p> <p>1:00 Dominoes</p> <p>1:30 Hallway Chair Exercise Class</p> <p>3:00 Netflix Documentary</p> <p>3:30 Bingo</p> <p>6:00 Game Night</p>	<p>9:00 "Where in the World" Walking Club 30</p> <p>9:30 This Day In History</p> <p>10:00 Devotions</p> <p>10:30 Crossword Puzzle</p> <p>10:30 Rummikub</p> <p>1:30 Hallway Chair Exercise Class</p> <p>2:00 Homemade Ice Cream in a Bag</p> <p>3:30 Wii Games</p> <p>6:00 Uno</p>	<p> Be Challenged</p> <p> Be Connected</p> <p> Be Family</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>		